

Week One		Week Two		Week Three	
<b>Monday</b>		<b>Monday</b>		<b>Monday</b>	
Cheesy Tomato Pasta Bake	V	Chicken Korma and Rice		Sausages Onion Gravy Boiled Potatoes & Veg	
Side of peppers/cucumber and tomatoes	V	Quorn Chicken Korma and Rice	V	Quorn Sausage As Above	V
Jacket with Beans	V	Cauliflower Cheese Bake	V	Broccoli and Tomato Quiche boiled pots & veg	V
Apple Orange OR Banana ( <b>Circle One</b> )		Apple Orange OR Banana ( <b>Circle One</b> )		Apple Orange OR Banana ( <b>Circle One</b> )	
Vanilla Icecream		Chocolate Icecream		Strawberry Icecream	
<b>Tuesday</b>		<b>Tuesday</b>		<b>Tuesday</b>	
Sausage Mash and Beans		Macaroni Cheese side of peppers tomatoes		Jacket Potato with Cheese and Beans	V
Quorn Sausage Mash and Beans	V	and Cucumber	V	Cauliflower/Broccoli and Ham Cheese Bake	
Veggie Fingers Mash & Beans	V	Ham Salad Wrap			
Apple Orange OR Banana ( <b>Circle One</b> )		Apple Orange OR Banana ( <b>Circle One</b> )		Apple Orange OR Banana ( <b>Circle One</b> )	
Apple Cinnamon Oaty Crumble & Custard		Blueberry and Apple Crumble		Fruit Jelly Contains Forest Fruits	
<b>Wednesday</b>		<b>Wednesday</b>		<b>Wednesday</b>	
Roast Chicken seasonal Veg Roast potatoes		Roast Pork Seasonal Veg and Roast pots		Roast Chicken Season Veg and Roast Potatoes	
Quorn Chicken as above	V	Quorn Chicken Steaks	V	Quorn Chicken veg and roast potatoes	V
Cheese and Onion Quiche as above	V	Tuna and Onion Pitta Bread		Tuna Melt Panini	
Apple Orange OR Banana ( <b>Circle One</b> )		Apple Orange OR Banana ( <b>Circle One</b> )		Apple Orange OR Banana ( <b>Circle One</b> )	
Chocolate Sponge and Chocolate Sauce		Fruit Jelly Contains Raspberries		Cocoa Flapjacks (Chocolate)	
<b>Thursday</b>		<b>Thursday</b>		<b>Thursday</b>	
Spaghetti Bolognese and Green Salad		Lasagna and Green Beans		Pasta Bolognese and seasonal Veg	
Quorn Mince Spaghetti Bolognese & Salad	V	Quorn Lasagna as above	V	Quorn Pasta Bolognese	V
Egg Mayonnaise salad Wrap	V	Pizza Panini		Cheese and Cucumber Wrap	V
Apple Orange OR Banana ( <b>Circle One</b> )		Apple Orange OR Banana ( <b>Circle One</b> )		Apple Orange OR Banana ( <b>Circle One</b> )	
Fruit Jelly contains Strawberries		Flapjacks <b>contains bananas</b>		<b>Forest Fruit Crumble &amp; Custard</b>	
<b>Friday</b>		<b>Friday</b>		<b>Friday</b>	
Fish Fingers Chips and Beans		Fishcakes Chips and Sweetcorn		Fishfingers Chips and Beans	
Salmon Bites Chips and Beans		Veggie Fingers Chips and Sweetcorn	V	Tomato Pasta Pesto	
Apple Orange OR Banana ( <b>Circle One</b> )		Apple Orange OR Banana ( <b>Circle One</b> )		Apple Orange OR Banana ( <b>Circle One</b> )	
Vanilla Cookies		Chocolate Muffins		Chocolate Cookies	

**Salad bar, White and Wholegrain Bread and Milk available daily**

Name..... Class.....		MENU ITEMS MAY CHANGE SUBJECT TO CO
Amount Paid.....	<b>Cost: KS1 Free KS2 £2.85</b>	TO COST AND AVAILABILITY
Bacs or cash only. To Parrett House Catering Ltd	<b>£3.00 per meal for late orders</b>	
Bank Details Account No: 37075780 - Sort Code 60 12 34		

**MINIMUM BACS PAYMENT £5.00**

KS2 orders are in by Wednesday before

ALL ORDERS TO BE EMAILED TO shelleyg\_01@hotmail.com by July 12th 2023 for September 2023