

***Please note: the first day back after the summer holidays, Wednesday 4th September, all children ordering a meal and all UIFSVM children will receive a packed lunch rather than a hot meal.**

Week One		Week Two		Week Three	
Monday *		Monday		Monday	
Tomato Pesto Cheese Bake (NUT FREE)	V	Chicken Curry and Rice		Sausage Tomato and Peppers Pasta	
Side of peppers/cucumber and tomatoes	V	Quorn Chicken Curry and Rice	V	Quorn Sausage Tomato and Pepper Pasta	V
Jacket with Beans	V	Mixed Veg Rissotto	V	Warm Cheese and Pepper Pitta	V
Apple Orange OR Banana (Circle One)		Apple Orange OR Banana (Circle One)		Apple Orange OR Banana (Circle One)	
Vanilla Icecream		Chocolate Icecream		Strawberry Icecream	
Tuesday		Tuesday		Tuesday	
Sausage Mash and Beans		Jacket Potato with Cheese and Beans		Cheese & Tomato Pizza Wedges and Salad	V
Quorn Sausage Mash and Beans	V	Warm Cheese & Onion Pitta	V	Tuna Melt Panini	
Ham Cheese & Tomato Panini	V	Apple Orange OR Banana (Circle One)			
Apple Orange OR Banana (Circle One)		Swiss Roll and Custard		Apple Orange OR Banana (Circle One)	
Sprinkle Cake				Fruit Jelly Contains Forest Fruits	
Wednesday		Wednesday		Wednesday	
Roast Chicken seasonal Veg Roast potatoes		Roast Pork Seasonal Veg and Roast pots		Roast Chicken Season Veg and Roast Potatoes	
Quorn Chicken as above	V	Quorn Chicken Steaks	V	Quorn Chicken veg and roast potatoes	V
Cheese and Onion Quiche as above	V	Vegetable Paella		Tuna Melt Panini	
Apple Orange OR Banana (Circle One)		Apple Orange OR Banana (Circle One)		Apple Orange OR Banana (Circle One)	
Orange Flavored Jelly with Orange Segments		Fruit Jelly Contains Raspberries		Cocoa Flapjacks (Chocolate)	
Thursday		Thursday		Thursday	
Chilli (MILD) and Rice		Lasagna and Green Beans		Spaghetti Bolognaise	
Quorn Mince chilli and Rice	V	Quorn Lasagna as above	V	Quorn Mince Bolognaise	V
Egg and Cress salad Wrap	V	Pizza Panini		Jacket potato and Beans	V
Apple Orange OR Banana (Circle One)		Apple Orange OR Banana (Circle One)		Apple Orange OR Banana (Circle One)	
Apple Flapjacks		Flapjacks contains bananas		Forest Fruit Crumble & Custard	
Friday		Friday		Friday	
Fish Fingers Chips and Beans		Fishcakes Chips and Sweetcorn		Fishfingers Chips and Beans	
Salmon and Broccoli Pasta		Veggie Fingers Chips and Sweetcorn	V	Veggie Fingers Chips and Beans	
Apple Orange OR Banana (Circle One)		Apple Orange OR Banana (Circle One)		Apple Orange OR Banana (Circle One)	
Banana Muffins		Chocolate Muffins		Chocolate Cookies	

Salad bar, White and Wholegrain Bread and Milk available daily

Name..... Class.....

MENU ITEMS MAY CHANGE SUBJECT TO COST or AVAILABILITY

Amount Paid.....

Cost **KS1 FREE KS2 £2.85**

Bacs (min £10) or cash only. To Parrett House Catering Ltd

£3.15 per meal for late orders

Bank Details Account No: 37075780 - Sort Code 60 12 34

ALL ORDERS TO BE EMAILED TO shelleyg_01@hotmail.com

KS1 UIFSVM to be orderd by Wednesday 2nd July ready for September. KS2 Meal to be ordered by the Wednesday of the week before.