



## Information Sessions for Parents, Guardians, Carers and School Staff 2021/22

Venue for all sessions: H1, Huish Sixth Form, Huish Episcopi Academy, Langport, TA10 9SS

We are pleased to be able to offer these sessions again, they are useful for parents, governors and school staff. Please book your place online.

### Child Exploitation by County Lines

With Escape line

Monday, 8<sup>th</sup> November 2021

Starting at 6:30pm, estimated end time 8pm

In the South West of the UK, including all areas of Somerset, there is a significant rise in county lines drug crime, whereby a large amount of young people as young as 10 years old, are being criminally and sexually exploited by gangs. County lines are illegal business models, in which drug gangs expand their operations from their big city bases, such as London, Birmingham and Liverpool, to smaller cities, towns, coastal and rural areas across Britain. These gangs use their power and position to groom, recruit and exploit children and young people for the purpose of criminal gain.

These gangs proactively recruit young people to drug run in and around the South West, as well as outside the area. The gangs and criminal networks use extreme violence and intimidation towards these young people, which result in these young people feeling trapped and scared. Some of these gangs are forcing vulnerable children from their homes to be trafficked to other parts of the country. As well as criminal exploitation, young people, both girls and boys, are also being sexually exploited by these gangs.

This session will raise awareness of the signs of Child Exploitation by County Lines and guide you in teaching children and young people about healthy relationships.

To book a place to attend this session please visit: <https://forms.gle/592rtyxWEWAysoug9>

### Children's Well-being and Mental Health

With NHS Somerset Mental Health Support Team

Monday, 6<sup>th</sup> December at 6:30pm, estimated end time 8pm

Mental health problems affect about 1 in 6 school-ages children and 50% of all mental health problems start by the age of 14.

This session will help parents/guardians/carers promote good mental health, wellbeing and resilience, supporting children's physical health, positive relationships and education.

To book a place to attend this session please visit: <https://forms.gle/zzmfE994hfGYUrby5>

## **Behaviour Management Techniques**

**With Family Solutions Somerset**

**Monday, 24<sup>th</sup> January at 6:30pm, estimated end time 8pm**

A whistle stop tour of some parenting techniques and strategies to use with your children aged 2-18.

We will be looking at the following principles that underpin all areas of parenting (and relationships) whatever the age.

- Emotion Coaching, being able to label our emotions- CBT/Behaviour Curve
- Showing empathy not sympathy
- Attention – children will seek any kind of attention – good or bad
- Ignoring behaviours we want to see less of
- Specific praise... labelled
- Social Learning Theory – new behaviours can be learnt by observing and imitating others (bandura)
- Use of rewards – after the event (bribes come before), smart and cheap

The session will be fully collaborative, and we will be open to conversations and listening to your own techniques which have been successful.

To book a place to attend this session please visit: <https://forms.gle/9jR8M5hDZNnQnvTm8>

## **Growth Mindset**

**SCC Educational Psychologist**

**31<sup>st</sup> January 2022 at 6:30pm, estimated end time 8pm**

The beliefs children have about intelligence, effort, and struggle impact the choices they make about learning. Children with a fixed mindset believe that intelligence is fixed at birth and doesn't change with practice. They see school as a place where abilities are evaluated and they interpret mistakes as a sign that they lack talent.

This session will help you help your child/ren to develop a **growth mindset** believing that intelligence can be developed. These students see school as a place to develop their abilities and think of challenges as opportunities to grow.

To book a place to attend this session please visit: <https://forms.gle/9cvon4GwrC3ChTaaA>

## **Dyslexia Awareness**

**With Mark Long, SCC Lead Advisory Teacher**

**Monday, 28<sup>th</sup> February 2022**

**Starting at 6:30pm, estimated end time 8pm**

Dyslexia is a learning difference that affects 1 in 10 people. Individuals with dyslexia often find it challenging to develop reading and spelling fluency and can also have difficulty with remembering verbal instructions and learning sequences such as the alphabet, days of the week and times table facts.

This session provides an introduction to dyslexia. It explains why children with dyslexia can find reading, spelling and writing so challenging and describes strategies that can be used to help children improve in these areas.

To book a place to attend this session please visit: <https://forms.gle/ewtp83j8RhP53MLU7>

## **Online Safety & Social Media**

**With Amy Brittan, SCC Education Technology Advisor**

**14<sup>th</sup> March 2022 at 6:30pm, estimated end time 8pm**

New technologies inspire children to be creative, communicate and learn. But with the digital world changing all the time, how can you make sure your child's staying safe?

This session will provide parents/guardians/carers with information to support their children to enjoy technology safely and responsibly. You will have the opportunity to think about what you want to do to protect your family and to equip them for their future.

To book a place to attend this session please visit: <https://forms.gle/Qt4Dxmbjb4KVME377>