

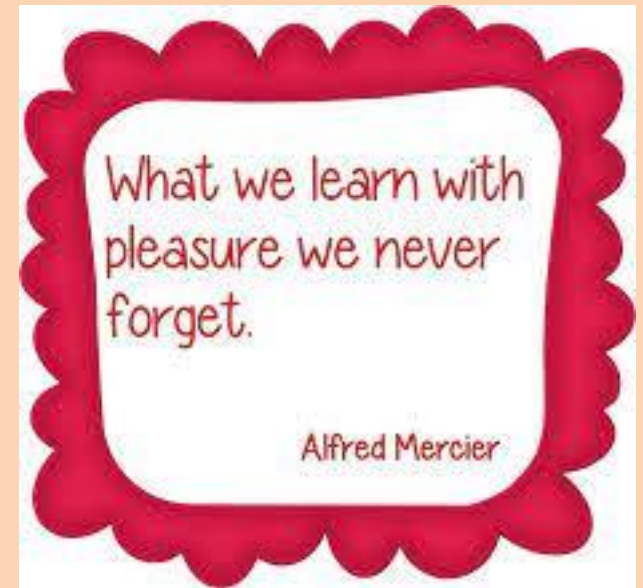


How can I help my child at home?

Wednesday 3rd November 2021

Our aim is for children to:

- Learn the skills to learn.
- Retain information
- Think independently
- Ask questions
- Develop a sense of competency.
- Children must be involved in the process!



Do...

- Focus on the process, not the product
- Encourage children to self-advocate – stand up for themselves and say what they need.
- Keep long-term perspective
- Make sure children have healthy sleep – brains are still developing until mid-20s
- Encourage problem-solving – brainpower is built through challenges beyond our ability
- Model - undertaking a challenge, coping with problems and finding solutions.
- Have fun!



Try not to...

- Overschedule
- Purely appreciate grades
- Encourage helplessness
- Compare children



Positive Dialogue



In school we use metacognitive cards:

- Encourage a problem solving dialogue
- Talk about strategies that have worked previously and those that did not work and why
- Reflect on what we did last time when we were successful
- Have we done anything like this before?

Metacognitive prompts



Home/school Partnerships

Family involvement and a positive home/school relationship has been shown to lead to:

- Positive behaviour,
- Excellent attitudes to learning
- Increased participation in school and school life
- Better attendance

[You are here!](#)

